



Post-Op Instructions

MONITOR PATIENT'S AIRWAY

Once home, your child will still be drowsy and must remain under adult supervision until fully recovered from the effects of the sedation. If your child wants to sleep, position your child on his/her side with the head supported and the chin up. During this period, check your child's breathing and airway frequently. If your child is snoring, reposition the head until the snoring disappears and your child breathes normally. If breathing becomes abnormal or you are unable to arouse your child, contact emergency services.

ASSIST ANY STANDING OR WALKING

Although your child may be very responsive when they leave, they may be slightly disoriented and will have difficulty maintaining their balance. Always hold their hands while standing or walking. You should plan on monitoring their balance for the next 4-6 hours.

WATCH FOR ANY CHEEK OR TONGUE-BITING TENDENCY

If your child was given any numbing medicine, you will be informed of areas to closely monitor until the anesthetic wears off. Watch to see that your child does not bite, scratch, or injure the cheek, lips, or tongue at this time. Depending on the local anesthetic type, the numb sensation will last approximately 1-4 hours after you leave the office.

ENCOURAGE FLUIDS

Your child may not be hungry after they leave and this is acceptable. Over the course of the next few hours, do encourage fluids to maintain hydration. Your child will let you know when they are hungry for food.

CALL OUR OFFICE WITH ANY QUESTIONS

You can always reach us after your child's sedation appointment. If the office has closed, you may reach one of our doctors by calling either office and pressing 3.

Dr. Mike | Dr. Will

JOHNNIE DODDS OFFICE | 1073 Johnnie Dodds Blvd. | Mt. Pleasant, SC 29464 | 843.884.7041

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